



APRIL 2025

RAMS NEWSLETTER

HIGHLIGHTING ALL THINGS RAMS LACROSSE



WE'RE IN IT NOW!!

Jersey sightings everywhere as the season enters full swing!

With jerseys being handed out April 2 to all teams, we were instantly seeing the brand new Rams jersey's being displayed along side huge smiles and excited players. But it was the U7's who stole the show and were the first to don the new Rams colors on the floor!



LAX FACTS

Paul Dawson played his minor and junior career and was drafted into the NLL as a goalie in 2006. In 2008 he made the transition to defender which he has played the last 18 seasons. In 2025 he surpassed single the season blocked shot record (29) with 50 and one game left to play.

SHARE WITH US

Have a team, player, coach or event you would like recognized? Email it to marketing@ramslacrosse.ca and you could see it in the next newsletter!

We want to highlight our members, on and off the floor!

FOLLOW THE RAMS

 FACEBOOK

 INSTAGRAM

 YOUTUBE

 WEBSITE



The Darian Mar Memorial

Join us for the inaugural DMMT June 6-8 for U9/U11/U13



Brand New Gear for 2025

The Rams Apparel Shop is open 24/7 to get you geared up for the 2025 season!



Registration Is Open!!

Registration remains open until May 15 2025

2025 "A" Division Teams

There has been major changes to the Rams "A" division teams this season. For the first time since the [GELC](#) moved to "zoned" teams in 2017, the Rams will dress their own "A" teams.

This year, thanks to such strong registration numbers, we were able to field a Rams U13A team. Over 30 players took the floor with their best attempt to make the the 2025 roster.

And still reeling from the Covid collapse that greatly effected the current U15 and U17 levels, the GELC tried to bolster the U17A division by hosting a central try-out including all north and south zone clubs. About 50 players took part in hopes to make one of the two centrally assembled teams. After the players were selected, the Rams were announced to host one of the teams, while the south zone, now branded as the Cyclones, will host the second.

ST. ALBERT RAMS
U13A

DEXTER	BOSTROM
KAISER	HALVERSON
DECLAN	HOPE
OLIVER	HUBERDEAU
JACE	JANVIER
BOE	KUZIO
GRAYSON	KUZYK
NOLAN	LAVALLEE
CASH	MACMILLAN
MAREK	MARRESE
NATHAN	MCGAULEY
HARRISON	MCRITCHIE
OLIVER	OSTLUND
GEORGE	PARTINGTON
AKSEL	SAMUELSON
OLIVER	SANDERSON
JACK	SUDA
HAWK	TERRY
DECKER	TYMKOW

RAMS



Coach Carter returns for his 3rd year behind the bench of the U15A North Team. With a strong 2nd year core, and the evolving talent coming up from U13, enthusiasm is high going into the 2025 season.

NORTH ZONE
U15A

ABIGAIL	BATCHELOR
BARON	BRUINSMA
JACK	CHAMPAGNE
CHASE	CRONIN
HUDSON	CURRIE
WYATT	DOCKERILL
ODIN	GROCHMAL
GAVIN	HANKY
AULEY	HILKEWICH
LOGAN	HOOPER-WRIGHT
GRIFFIN	JANVIER
CAYDEN	KAPT
MADDOC	MCGARRY
CONNOR	MCLEOD
NATE	RATHWELL
NOAH	RETEFF
GRIFFIN	WAY
SEELY	YOUNG

NORTH LACROSSE






ST. ALBERT RAMS
U17A

MILLER	BECK
HUDSON	DONNALLY
LUCAS	EVANS
CHARLIE	GRAHAM
NICHOLAS	GRANT
SAM	HARAGA
SAM	HILKEWICH
LIAM	JAMES
DRAKE	KING
NASLUND	LAZENBY
KAI	LEVESQUE
MARK	MORGAN
OWEN	MUIR
NICHOLAS	OUELLET
ERIK	RUDNESKI
DALIN	SEDLAK
KAE	TESKEY
COHEN	TOMASZKY

RAMS





NATIONAL LACROSSE LEAGUE™

STANDINGS

WK21

OS	CLUB	W	L	STREA
1	Buffalo Bandits	13	4	+2
2	Saskatchewan Rush	12	5	+1
3	Halifax Thunderbirds	10	7	-1
4	Vancouver Warriors	10	7	+5
5	Rochester Knighthawks	10	7	+6
6	Calgary Roughnecks	8	8	+1
7	Georgia Swarm	8	9	-2
8	San Diego Seals	8	9	-3
CUT LINE				
9	Ottawa Black Bears	8	9	+1
10	Colorado Mammoth	8	9	-4
11	Albany FireWolves	7	10	+1
12	Philadelphia Wings	7	10	+2
13	Toronto Rock	5	11	-2
14	Las Vegas Desert Dogs	4	13	-1

THE RAMS CONNECTION

#20
Mathieu Gautier


2025 NLL SEASON STATS

Season	GP	Goals	Assists	Points	Shots	LB	CTO	Blk Sh	PIM
Week 20	1	0	2	2	2	3	0	0	0
Season	9	6	11	17	30	26	1	0	0



IT'S ABOUT THE PLAYERS

It could be argued that the beginning of the season is more exciting than the play-offs when it comes to the excitement of a parent. Some have watched their player bust their butt during a winter of off season training. Some want to see how dominant the recent growth spurt might make their player. And others are just happy that they don't need a parka while sitting in the same arena seat they have spent an entire winter trying to keep warm.

But with that excitement often comes a seasons worth of expectations hoping to be fulfilled in the first week of the season.

The GELC and the Rams have a strict conflict protocol that needs to be followed should you feel a concern that needs to be addressed.

It starts, by waiting 24 hours to let your emotions settle, and to be able to re-access the situation.

1

Wait 24 hrs

Often the situation seems much less concerning after the heat of the moment has past.

Every team will assign a Parent Liaison who will be the point of contact in the case of a conflict or concern within the team, with another team or with an official.

2

Approach your Parent Liaison

Every team is required to have a Parent Liaison as the first point of contact in the case of a concern.

Your Parent Liaison will then present to the team manager, coach or both depending on the nature of the concern.

3

Report to Coach/Manager

The PL will then bring the concern to the coach and/or manager to see if a resolution can be reached internally.

If the issue cannot be resolved by the team internally, then and only then will it be brought to the executive board by the PL, with the division director being the single point of contact.

4

Statement to Division Director

If a resolution cannot be reached, then it can be escalated to the executive level by the PL or team staff.

The Rams Get things Done!



April 11 marked the opening of registration for the inaugural DMMT. Within 2 hours of announcing the registration, the tournament was 1/2 filled up, and within 6 hours, it was almost full at 72 teams with 59 waitlisted. We are proud to see the support for the Rams tournament in

2025 even if it cannot be held to the scale we are used to seeing.



A huge congratulations to Rams U17A players, Charlie and Liam as they were two of only four GELC players selected to play for Team Alberta in the 2025 Canada Summer Games Box

Tournament. The Canada Summer games will be held in St. John's NFLD Aug 8-25. The Rams could not be more proud!



U17-1 looks on as they patiently wait for their team photo. Infinite Eye had the players and coaches looking sharp in the new Rams jerseys as the teams all got to see what they look like fully outfitted for the first time. So much time and effort goes into to an event that just seems like a boring 20 minutes of a players time. And for Glen and the team that orchestrated this years photos, we truly do appreciate your efforts!!

HEADCHECK HEALTH

Making Player Safety Priority #1

Last year we announced our partnership with HeadCheck Health as our first major step into concussion prevention, recognition, and recovery. And for number of reasons we were unable to implement it prior to our previous season. That's why we prioritized a new position on the board of Player Safety at our 2024 AGM. And with the season in full effect, it's clear that this was a position of need and will be a position of strength for our club going forward.

From the moment teams were formed, Trina, with the help of various board members, hit the monumental task of assessing players head on...



HeadCheck leads the assessment through a series of mental and physical tests, to create a baseline of abilities, should they ever need to be referenced. It is then followed by a step by step process should there ever be suspicion of a concussion, and a detailed process to provide a safe return to play protocol, should a concussion be diagnosed.

Players were very receptive to the tests, commonly commenting on the difficulty of some of the questions, and realizing areas in there own athletic abilities, that may have been mistaken for concussion symptoms. Though we hope we never have to make the comparison.



If you are as excited about seeing the Rams hit the floor in some fierce and fresh new threads this season as we are,

considering partnering with us to help see this vision come to life. We have a number of sponsorship options, offering what we know will be an exciting opportunity to work together! Reach out to marketing@ramslacrosse.ca to find out more.



RAMS ALUMNI SHARES HIS PASSION FOR LACROSSE WITH OUR YOUNG PLAYERS.

When Rams Alumni, **Tyden Redlick** is not suiting up for the **San-Diego Seals** of the **NLL**, or the **Edmonton Jr. A Miners**, you'll find him on just about any Lacrosse floor across St. Albert.

Tyden has joined the staff as an assistant coach for the U17A Rams this season, and is regularly out on the floor with various teams and helping our young goalies.



Tyden not only brings his knowledge to the goalie union, but his vast experience at some of the highest levels, including North Zone "A", Team Alberta U17 Box, Miners Jr. A, and now the NLL, providing incredible insight and knowledge of all aspects of our game.



The energy and enthusiasm he brings to the floor commands the attention of our young players, and his ability to clearly communicate has players truly buying in and understanding the nuances of the game.

As the NLL regular season nears completion, the San Diego Seals look poised for a strong play off run. And if you can't catch the Seals in action, be sure to watch Tyden suit up for the Miners Jr. A this season.

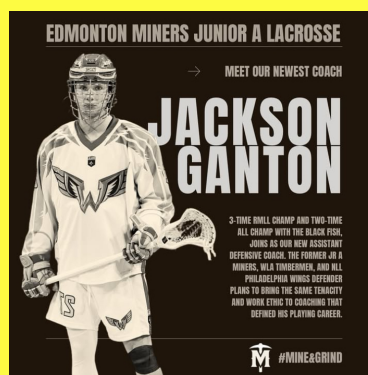


Important Upcoming Dates

June 6-8 - DMMT

St. Albert and surrounding area

Socially Exceptional



Rams Alumni Jackson Ganton was named as the defensive coach for the Edmonton Jr. A Miners team for the 2025 season!

So much buzz over the new Rams look! Teams have been proudly and excitedly showing off the new jerseys at every given opportunity!



THE NOW

Novice champion teammates, and now junior players Tyden, Dawson and Grayson connected while helping out at a Rams U17A practice.

